

Marital Couple-Assessment

1. We have big communication problems.
2. Our marriage has become boring and monotonous.
3. We are having sexual problems.
4. We argue about money all the time.
5. We don't agree on how to raise the children.
6. We just don't get along anymore.
7. My spouse is like a kid...I feel like I'm the parent in the relationship.
8. I don't trust my spouse.
9. My spouse seems to have made up his/her mind about the marriage already.
10. My spouse can't handle stress.
11. My spouse doesn't do his/her fair share of shared responsibilities.
12. My spouse and I don't agree about the need for spirituality in our relationship.

If you can answer yes to some of these questions, you and your spouse may benefit from marriage counseling.